



# COMMISSION ON AGING

## (313) 561-2382



### AUGUST 2017

Dear Friends,

Join us for some fun events this month as we welcome in the hot month of August.

Our annual senior picnic will be held on **Friday, August 4th**. Registration closed on July 26th - call our office to see if we can still fit you in.

Stop by the Inkster Police Station on Wednesday, August 9th between the hours of 10 AM and 2 PM to show your support of our quarterly bake sale. Proceeds from this event will benefit IPD Youth Activities.

Our **“BREAKFAST CLUB”** at Applewood Coney Island will be a monthly event. We truly enjoyed the company and the food in July and look forward to seeing more of you stop by to enjoy a delicious breakfast with the club. Cost is only \$2.99 and includes eggs, potatoes or grits, choice of meat and toast. Join us on **Thursday, August 24th at 9:30 AM**. Transportation is available - please call our office by 8/23 if you want to be picked up.

Fun & Fabulous Friday, scheduled for **Friday, August 18th** will be a friendly bean bag competition and ice cream social. Lunch will also be included. Please call us at 313-561-2382 to sign up.

We have limited tickets for the 2017 Michigan State Fair in Novi on **Thursday, August 31st**. Please call our office to reserve yours. Cost is only \$5 and includes lunch. Bus will leave from the Dozier at 9 AM.

*Denise*

### Shopping Trips



#### Tuesday

August 1st - Cherry Hill Plaza  
August 8th - Meijer & Randazzo's  
August 15th - Blocks  
August 22nd - Walmart  
August 29th - Kroger/Targer

Please call 313-561-2382 for a pick up. Seats are limited. This includes all seniors living in senior housing as well.

### ONGOING PROGRAMS

**Enhance Fitness** - Recreation Complex  
Classes are held on Wednesday, Thursday and Friday at 11 AM and Friday at 3 PM. Thursday & Friday afternoon class is done with a “hustle” flair.

**Jewelry Class** - Meets on Wednesday at 1:30 PM at the Rec Complex.

**Friendship Club** - Meets 11 AM - 2 PM every Thursday at the Rec Complex. New members are welcome!!!!

**Wii Bowling** - Thursdays at 12:30 PM at the Rec Complex.

**Crochet with JoAnne** - Monday and Thursday at Lehigh Center. Wednesday at the Rec Complex. Hours for both locations are 11 AM - 5 PM.



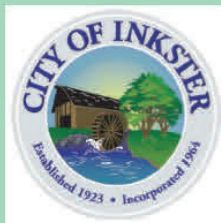
Wednesday, August 9th

10am-2pm

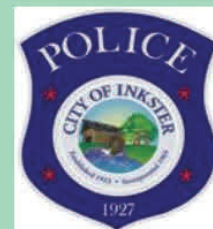
Inkster Police Department Lobby

26279 Michigan Avenue

Proceeds will be used to support  
youth programming.



Presented By  
Commission on Aging  
&  
Inkster Police



PROGRAMS AT REC CENTER - AUGUST 2017

734-728-7530

WEDNESDAY	THURSDAY	FRIDAY
Enhance Fitness 11:00 AM	Enhance Fitness 11:00 AM	Enhance Fitness 11:00 AM
Jewelry Class 1:30 PM	Friendship Club 11 AM - 2 PM	Enhance Fitness 3:00 PM
Crochet w/Joanne 11:00 AM - 5 PM	Wii Bowling 12:30 PM	Fun & Fabulous Friday August 18th 1 PM
BREAKFAST CLUB Applewood Coney Island Thursday, August 24th 9:30 AM	Lunch with the Mayor August 17th - 12 Noon Dozier Rec Complex & Special Project Day	ANNUAL SENIOR PICNIC AT WHEATLEY PARK - 11:30 AM FRIDAY, AUGUST 4TH

PROGRAMS AT LEHIGH CENTER - AUGUST 2017

313-561-2891

MONDAY	THURSDAY
Crochet w/Joanne 11 AM - 5 PM	Crafts w/Joanne 11 AM - 5 PM

UPCOMING ITEMS OF INTEREST:

Annual Senior Picnic - Friday, August 4th - By reservation only!!

Lunch with the Mayor - Thursday, August 17th - 12 Noon at the Dozier

Special Project Day on Aug. 17th - join us as we prepare and crochet mats from grocery bags 10 AM until 12 Noon then 1:30 PM until 4 PM. Donations of bags accepted too!!!!

Fun & Fabulous Friday - Friday, Aug. 18th at 1 PM - Bean Bag & Ice Cream Social

Breakfast Club at Applewood Coney Island - Thursday, August 24th at 9:30 AM

Monthly Movie - "The Boss Baby" Aug. 24th at 2 PM

State Fair Trip for Senior Day - Thursday, August 31st - \$5 for bus, call to reserve your seat.



## LUNCH WITH THE MAYOR

Sponsored by Mayor Nolen

THURSDAY, AUGUST 17TH - 12 NOON

DOZIER RECREATION COMPLEX

Transportation is available - please call our office.  
(313-561-2382)

## INKSTER COMMISSION ON AGING

Next meeting will be Friday, September 15th, 2017 at  
1 PM in the offices of the Commission on Aging  
in Twin Towers.

*No meeting in August - see you at the picnic!!!!*

## OFFICE HOURS FOR THE SENIOR PROGRAM

Twin Towers Office - Monday, Tuesday, Wednesday &  
Friday from 9 AM until 2 PM

*Twin Towers Office Phone Number is 313-561-2382*

Rec Complex Office - Wednesday, Thursday & Friday  
10 AM until 4 PM

*Rec Complex Phone Number is 734-728-7530*



## **FREE SENIOR DAY AT THE MICHIGAN STATE FAIR (LUNCH INCLUDED)**

**THURSDAY, AUGUST 31ST**

**COST IS \$5 - INCLUDES TICKET AND TRANSPORTATION.**

**BUS WILL LEAVE RECREATION COMPLEX AT 9 AM!!!!!!**

**LIMITED TICKETS AVAILABLE - PLEASE CALL THE COMMISSION ON AGING AT 313-561-2382 TO RESERVE YOURS.**



# *Fun and Fabulous Friday*

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**FRIDAY, AUGUST 18TH AT  
THE DOZIER**

**1 PM**

**LUNCH, BEAN BAG TOSS  
CONTEST &  
ICE CREAM SOCIAL**

*A FUN AFTERNOON FOR ALL!!!!*

**PLEASE CALL 313-561-2382  
TO LET US  
KNOW YOU ARE JOINING US.**

**Transportation is available.  
Please call 734-728-7530.**

# *Fun and Fabulous Friday*

# **MEET US FOR BREAKFAST AT APPLEWOOD!!!!**



**Join us on August 24th  
at 9:30 AM**

**and enjoy a delicious  
breakfast for only \$2.99.  
(Includes 2 eggs, choice of  
meat, hash browns or grits  
and toast).**

**Transportation is available.**

**Sponsored by Inkster Commission on Aging (313-561-2382) and  
Applewood Coney Island - 28640 Michigan Avenue, Inkster**

**Inkster Commission on Aging  
2000 Inkster Road  
Inkster MI 48141**

**CITY OF INKSTER**

**Mayor Byron Nolen  
Mayor Pro Tem Timothy Williams  
Councilman Steven Chisholm  
Councilwoman Kim Howard  
Councilwoman Connie Mitchell  
Councilman Clarence Oden, Jr.  
Councilwoman Sandra K. Watley**

**Mr. Craig Lewis, Parks & Recreation Director**

**INKSTER COMMISSION ON AGING**

**Commissioner Toni Bailey  
Commissioner Charles Coleman  
Commissioner Dorothy Gardner  
Commissioner Gabe Henderson  
Commissioner Doris Horne  
Commissioner Jean Liddell  
Commissioner Iris Long  
Commissioner June Patterson  
Commissioner Jean Searcy  
Commissioner Henry Wade  
Commissioner Rochelle Wells**

**Denise M. Champagne, Program Director**

**Funding for Commission on Aging provided by:**

**City of Inkster Millages  
The Senior Alliance (Area Agency 1-C  
through the Older Americans Act)  
Cherry Hill Place  
Individual Donations**

**In-Kind Space by:**

**Inkster Housing Commission  
The City of Inkster**

*All contributions are tax-deductible to the extent provided by law.*



**Inkster Commission on Aging**

*Electronic copy of this newsletter can be found on the City of Inkster's website:*

**[www.cityofinkster.com](http://www.cityofinkster.com)**