



Senior Center Update

Walls are going up! We can see where the windows will go! We love seeing all the updates as these months come and go. The finished Senior Center will be complete by Summer 2026, and we can't wait to show it to you!

Hours of Operation & Closed Dates

Our Senior Resource Center at the Dozier is open on Mondays, Wednesdays, and Fridays from 10:00 AM to 4:00 PM. Thursdays from 11 AM until 2 PM. We will be closed from December 16th to January 4th. The SRC will open back on January 5th.

02 WELCOME!

DEAR FRIENDS,

Happy New Year!! What a great year it has been! Please keep in mind the temperatures and road conditions before you leave your home. If you don't feel safe enough to drive, stay home and be safe. As a reminder, if the Wayne-Westland Schools are closed, we are also closed.

Subscriptions for the newsletter expired in December 2025. If you want to continue receiving the newsletter by mail, please stop by our office. It is \$6/year.

Memberships for the senior program at the Dozier are also available. Cost is \$10/year for residents and \$15/year for non-residents.

It's time to eat some yummy food at Big Boy in Garden City! Meet us at 10 AM on Friday, January 9th. The Senior Resource Center will open at 12 PM on this day.

Calling all those interested in some fun! Join us on January 12th, 2026, for lunch and mini-golf. We'll go to Leo's Coney Island, then pop over to Zap Zone in Taylor. Let Sabrina know if you're interested! More details on page 3!

✕ ✨
Happy
New Year
✨ ✨

Sabrina

PROGRAMS & EVENTS

Enhance Fitness - Mondays, Wednesdays & Thursdays from 10:30 AM until 11:30 AM. Transportation is available.

Senior Walking Club - Meets at 10:30 AM Monday, Wednesday, & Friday - @ The Dozier. The gym's perimeter is available for walking and getting your steps in. Please stop in the resource center to let us know you are here before entering the gym.

Friendship Club - Meets every Thursday from 11 AM until 2 PM. New members are always welcome. Stop by and learn more about this fun group.

Crafts with Mary- Meets on Monday, Wednesday & Friday at the Senior Resource Center. Hours are 10 AM - 4 PM.

Chair Yoga - On break

Men's Group - Meets the 1st Wednesday of the month at 6 PM. And the 3rd Wednesday of the month at 12:30 PM.



Find us on Facebook!
"Inkster Commission
on Aging" to see any
last minute updates!

Hello WINTER

Winter is here, and it's time to relax and enjoy the holidays! The Senior Resource Center will be closed from December 16th to January 4th. The Senior Resource Center will open back on Monday, January 5th, 2026! Stay safe and warm!

Happy Holidays from the Commission on Aging!



◆ ACTIVITY DAY ◆

LUNCH & MINI GOLF

MONDAY, JANURAY 12TH

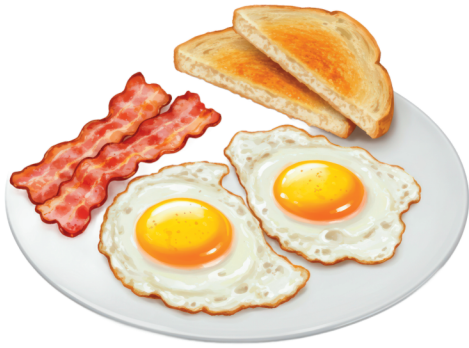
Lunch at Leo's Coney Island at 12 PM
9845 Telegraph Rd
Taylor, MI 48180

Mini Golf at Zap Zone at 1:15 PM
9751 Telegraph Rd
Taylor, MI 48180
Cost: \$5

MEET AT THE DOZIER BY 11:15 AM IF YOU
WOULD LIKE TO CARPOOL! OTHERWISE, WE'LL
MEET YOU AT LEO'S CONEY ISLAND.



04 TRIPS & ACTIVITIES



On Friday, January 9th, meet us at Big Boy at
10 AM for Breakfast Club!

Big Boy

28340 Ford Rd

Garden City, MI 48135

The Senior Resource Center will open at 12 PM

COMMISSION ON AGING MEETING

FRIDAY, JANUARY 16TH AT 1 PM

MEETING AND LOUNGE ROOM



Let's bowl!

On Friday, January 23rd, join us at

Oak Lanes at 1 PM

8450 N. Middlebelt Rd.

Westland, MI 48185

\$2.50 per game

\$4 for bowling shoes

Assistant ramps are available for use!



Bingo!

Ready to win some fun prizes?!

Join us on Friday, January 30th, at 1 PM in the
Meeting and Lounge room at the Dozier



JANUARY CALENDAR OF EVENTS

IF THE WAYNE-WESTLAND SCHOOL DISTRICT IS CLOSED FOR A SNOW DAY, THE SENIOR RESOURCE CENTER WILL BE CLOSED AS WELL.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---------------------|---|---|--|
| 29 CLOSED | 30 CLOSED | 31 CLOSED | 01  CLOSED | 02 CLOSED |
| 05 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Enhanced Fitness</u> 10:30 AM-11:30 AM | 06 CLOSED | 07 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Enhanced Fitness</u> 10:30 AM-11:30 AM <u>Men's Group Mtg</u> 6:00 PM | 08 <u>Enhanced Fitness</u> 10:30 AM-11:30 AM <u>Friendship Club</u> 11:00 AM - 2:00 PM | 09 <u>Breakfast Club</u> <u>@ Big Boy</u> 10:00 AM - 11:45 AM <u>Crafts with Mary</u> 12:00 pM - 4:00 PM |
| 12 <u>Activity Day:</u> <u>Lunch at 12 PM</u> <u>Leo's Coney Island</u> <u>Zap Zone in Taylor @</u> <u>1:30</u> <u>The Senior Resource</u> <u>Center will be closed</u> | 13 CLOSED | 14 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Enhanced Fitness</u> 10:30 AM-11:30 AM | 15 <u>Enhanced Fitness</u> 10:30 AM-11:30 AM <u>Friendship Club</u> 11:00 AM - 2:00 PM | 16 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>COA Meeting</u> 1:00 PM |
| 19 CLOSED MLK Jr. Day | 20 CLOSED | 21 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Enhanced Fitness</u> 10:30 AM-11:30 AM <u>Men's Group Meeting</u> 12:30 PM | 22 <u>Enhanced Fitness</u> 10:30 AM-11:30 AM <u>Friendship Club</u> 11:00 AM - 2:00 PM | 23 <u>Crafts with Mary</u> 10:00 AM - 1:30 PM <u>Bowling at Oak Lanes:</u> <u>\$2.50 per game</u> 2:00 PM - 4:00 PM |
| 26 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Enhanced Fitness</u> 10:30 AM-11:30 AM | 27 CLOSED | 28 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Enhanced Fitness</u> 10:30 AM-11:30 AM | 29 <u>Enhanced Fitness</u> 10:30 AM-11:30 AM <u>Friendship Club</u> 11:00 AM - 2:00 PM | 30 <u>Crafts with Mary</u> 10:00 AM - 4:00 PM <u>Bingo:</u> <u>\$5</u> 1:00 PM - 2:30 PM |



Inkster Commission on Aging
2025 Middlebelt Rd
Inkster, MI 48141

CITY OF INKSTER

Mayor Byron Nolen
Mayor Pro Tern Steven Chisholm
Councilman Freddie Bishop III
Councilwoman Kim Howard
Councilwoman DeAtriss Richardson
Councilwoman Felicia Rutledge-Cheeseborough
Councilwoman Lindsay Scott

Clint McDaniel, Parks & Recreation Director

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Commissioner Gabe Henderson
Commissioner Jean Liddell
Commissioner Iris Long
Commissioner Deborah Owens
Commissioner June Patterson
Commissioner Rochelle Wells
Commissioner Ruth E. Williams
Commissioner Timothy Williams

Sabrina Ahn-Lawrence, Program Director

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